

### **Amazing April**

In April we have seen storms and rain turn to the hottest day of the year so far. It is funny how whenever I start to write our monthly newsletter, I always begin with how the weather has been!

I think it is because the weather can greatly affect both our mood and our wellbeing.

Beside the crazy weather changes we have had a busy month in practice, with the Easter bank holidays and practice closure dates causing their usual challenges.

On the 9<sup>th</sup>April we hosted an annual Safeguarding event at Four Shires for Mann Cottage, White House and Chipping Campden surgery staff to receive a compulsory and important update regarding Adult and Child Safeguarding policies, procedures and awareness. The session was presented by Dr Bobrow our Child Safeguarding Lead and Dr Banks our Adult Safeguarding lead.



#### Four Shires' Orchard.

Our Damson and Plum trees are growing!

The heavy rain in early April and the glorious sunshine of late is bringing them along wonderfully!

If anyone has a spare 10 minutes each week, now the weather is improving we do need help with watering. We have the outside tap and a hose but a willing person to help with this task would be greatly welcomed!

#### Exciting new option for your Diabetes annual review.

We facilitated our first Group Consultation for Diabetes on Weds 30<sup>th</sup> April. Four patients attended and the session went very well. We have some learning points and will keep developing the format as an ongoing process. We will strive to offer Group Consultations as an alternative to a one-to-one annual review for Diabetes initially, and, in time, other chronic conditions. We hope to share a testimonial from one of the patients that attended the session in our next newsletter.

We would like for patients to understand our reasoning behind the launch of the Group Consultations and would like to give more information about how the sessions work. If you receive an invitation from us to attend an information evening session, please do consider attending.

#### Why do we close for the afternoon bi-monthly?

You will be aware that every other month we close our doors and turn the phones to 'emergency only' mode. But why do we do this? We are encouraged by the Integrated Care Board to give our team 'Protected Learning Time' (PLT). This allows us to plan bigger and more in-depth training sessions to cover many different subjects. In the past year we have used this time to give Autism awareness training (for admin staff), Cardiology information sessions (for clinical staff), and Basic life support (for all team members). It is essential we have this protected time, to bring the team together and share learning. It makes us a stronger, safer, and more cohesive team.

We understand that the closures may cause inconvenience and we appreciate your understanding with regards to this.

#### **GP** specialist interests.

GPs often have specialist interests. This might be a condition that they focus on and gain additional knowledge about or a procedure that not all GPs are qualified to carry out. Our GPs all have specialist areas. See below for an overview.

<u>Dr Furn Davies</u> - Men's Health, Skin/Dermatology, Minor Ops including Cryo, Cancer, Clinical Director PCN, Lead GP and resident GP supervisor for North Cots Hospital, Care of the elderly.

<u>Dr Bobrow</u> - Women's Health, Coil/ Implant fitting, Menopause, HRT, Childrens safeguarding lead, GP trainer, Education lead for PCN.

<u>Dr Dixon</u> - Women's Health, Coil fitting, Palliative care, Care home lead GP (Oak Tree Mews).

Dr Banks - Women's health, Adult safeguarding lead, GP trainer.

<u>Dr Bodley-Scott</u> - Men's Health, Musculoskeletal, Lifestyle medicine.

## Private Care and keeping your GP up to date.

We are aware that people increasingly have medicines prescribed outside of the Practice by private clinics and alternative healthcare providers. We would like to take this opportunity to encourage you to always be open and honest with us about any medication, prescribed by others or that you may be self-medicating with, so as we can keep your records up to date and continue to prescribe medicines to you safely. Please be assured that anything you share with us is without question kept confidential and we are not here to pass judgement the healthcare choices you make outside of the Practice.

## 3890 MINUTES LOST. 167 PATIENTS UNSEEN. £10,892 WASTED.



# EVERY MISSED APPOINTMENT COSTS CARE, TIME, AND MONEY.

- 3890 CLINICAL MINUTES LOST IN JUST ONE MONTH.
- 167 APPOINTMENT SLOTS LEFT UNUSED.
- £10,892 OF HEALTHCARE RESOURCE WASTED

HELP US SAVE TIME – PLEASE CANCEL IF YOU CAN'T ATTEND.

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