

Resources and Information for Carers

National Agencies	Assistance Offered	Contact Details
Age UK (amalgamated Aged Concern and Help the Aged)	Free fact sheets and information on many aspects of care for the elderly	☎0800 196 8787 🌐 www.ageuk.org
Benefits Agency	Advice on Benefits that may be available	☎0800 882200
Carers Direct	Free, confidential information and advice for carers.	☎ 0808 8020202 8:00am - 9:00pm Monday - Friday or 11:00am - 4:00pm Weekends. If you require translation services you can request a call back in over 170 languages 🌐 www.nhs/CarersDirect
Local Agencies and Sources of Information		
Alzheimer's Society	information about dementia including many aspects of caring for a person with dementia.	☎0845 300 0336 (national helpline) ☎01453 791830 (local contact number) 🌐 www.alzheimers.org.uk
Alzheimer's Memory Café	An opportunity for people with dementia, their friends, family and carers to access peer support as well as information and signposting from professionals in a non clinical environment	☎01242 511111 contact Dee or Lynne for information about local services
Cam & Dursley Carers Group (based at GL11 Community Project)	A support group of carers who meet together once a month	☎01453 548530 and ask for Julie Burlow (Wed/ Thurs)
Carers Gloucestershire	Primary local organisation representing Carers and offering a full range of information and advice to enhance the lives of Carers in Gloucestershire. They provide a range of services including schemes designed to provide help if emergencies arise, see below.	☎01452 386283 🌐 www.carersgloucestershire.org.uk

Carers Emergency Scheme	<p>The scheme has 2 levels.</p> <p>Level 1 you are asked to nominate 2 contacts who would be willing to check on the person you look after if you are unable to because of an accident/emergency</p> <p>Level 2 If the person you are looking after has high care needs you have the additional option of having a support worker provided in an emergency by the County Council to take over your role. This service would be provided for up to 48 hrs</p>	<p>Level 1 support: ☎01452 386283 🌐 www.carersgloucestershire.org.uk</p> <p>Level 2 support: Gloucestershire County Council Adult Helpdesk ☎01452 426868</p>
Carers Emergency Card Scheme	A card saying that someone is depending on you at home so if you are involved in an accident help can be provided to them.	<p>☎01452 386283 🌐 www.carersgloucestershire.org.uk</p>
Caring with Confidence	Courses for Carers, courses are held in Cam, Gloucester, Cheltenham and Cirencester	Contact Julie Burlow ☎01453 547329 or Chris Cam ☎01452 500885/ 426254 for details about latest courses
Cruise	One-to-one Bereavement Support; Support & Freindship Groups and information about Bereavement	<p>☎01242 252518 🌐 www.gloucestershirecruise.org.uk</p>
Gloucestershire County Council Health and Social Care	Information for people needing care and carers including The Care Directory, and Caring with Confidence courses	<p>☎01452 425000 🌐 www.gloucestershire.gov.uk click on Health and Social Care button</p>
Gloucestershire Young Carers (GYC)	GYC works with children and young people to create a network of support for young carers across the county and to ensure that service providers understand their needs and respond appropriately	<p>🌐 www.glosyoungcarers.org.uk ☎01452 733060 (Joining a local group is usually by referral - ask your GP)</p>
Red Cross Loans	Provide short-term loans of medical equipment, such as wheelchairs, for people with a disability or illness.	<p>☎ 01452 726666 Mon - Fri N.B. Closed on Bank Holidays Unit 6-7 Wheatsone Court, Waterwells Business Park, Davy Way, Quedgeley, Gloucester GL2 2AQ 🌐 www.redcross.org.uk/Where-we-work/In-the-UK/Wales-and-Western-England/Wiltshire-Avon-and-Gloucestershire/LocalServices/Medical-equipment</p>
Social Services	A central telephone referral point which can be accessed by both professionals and the public	<p>☎01453 540026 8:00am - 5:00pm Mon - Fri</p>